



PATCHAM COMMUNITY CENTRE

COMMUNITY BUILDING

HIGH SCHOOL CAMPUS

LADIES MILE ROAD

WHAT GOES ON

**A GUIDE TO THE ACTIVITIES AND CLUBS
WHICH MEET AT THE CENTRE
TOGETHER WITH THEIR SESSION TIMES**

07/08

www.patchamcommunitycentre.org.uk

Patcham Table Tennis Club

A friendly non-league club for players of all abilities

Mondays 7 till 10

Fridays 2 till 5

Membership £2.50 per annum (May to April)

Attendance Fee £1.00

Contact Frank on 01273 501258 for details

or

just turn up for a free trial session

TRIMNASTICS

Gentle 'top to toe' exercises that help to combat many of the conditions affecting the health and well-being of the over 60's

Regular 12 week courses
the next commencing
Friday 21st of September

For further details call
Tricia on
01273 501394

YOGA with ASSUNTINA

You do not need to be young, fit & bendy to join this very friendly & welcoming class

Thursdays
9.45 - 11.15
£25 for 5 sessions or
£6 'dropins'.

Call Assuntina
07986 850029

National Blood Transfusion Service

The National Blood
Transfusion Service is
pleased to hold regular donor
sessions at the Community
Centre

If you are between 17 & 59
and would like to know
more, either ring
0845 7711711
or view the website

www.blood.co.uk

Give blood & save a life

Neighbourhood Watch

Patcham Neighbourhood
Watch is a successful crime
prevention initiative having
about 45 street co-ordinators
across the area. Monthly
meetings are held with police
attendance

Local vigilance makes a
difference

New co-ordinators welcome

Contact Ken – 01273 555129
for further information

Preston Flower Arrangement Society

A friendly club with
demonstrations, workshops,
and informal tuition in the art
of flower arrangement

We meet on the second
Thursday of the month at
2.15pm (ex August) ending
with tea & biscuits and a
raffle for the floral design
made by the demonstrator

Contact Lynn on
01273 542323

Brighton Model Railway Club

The Club is pleased to hold
its annual exhibition at the
Centre on the second
weekend in November each
year

Regular meetings are held at
7.30pm every Tuesday
evening at London Road
Station, Shaftesbury Place

Contact Keith on
01273 550780

The Patcham Companions

ARE YOU OVER 50 AND FREE ON A FRIDAY?

Do join in and meet some happy, friendly people who would love to meet YOU for some chat and chaff,

PLUS

Biscuits and tea/coffee

£1.00 a visit

BRING YOUR SMILE WITH YOU

Contact Audrey on 01273 502020 for more information

Local Councillors

Your Patcham Ward Councillors hold an Advice Surgery on the second Friday of each month between 6 pm and 7 pm or you can contact them by phone as follows:-

Brian Pidgeon 01273 291190

Carol & Geoffrey Theobald
01273 291195

Zen Meditation

In the tradition of Thich Nhat Hanh
You are warmly invited to experience being in the 'Here & Now' with the Pebbles Sangha Community of Interbeing

Contact

www.pebblessangha.com

or

0870 777 3348

for details

Room Hire

at the

Community Centre

The Centre is a purpose built facility that shares the Community Building with Patcham Public Library in Ladies Mile Road

There are large rooms on the ground and first floor with seating capacities of 140 per room. The lino-tiled ground floor room can be divided with an acoustic screen to give two rooms with seating capacities of 80 & 40. The carpeted 1st floor has two screens giving three 40 seat rooms or a combination of sizes.

On each floor there is a Tea Room with crockery, dishwasher, cooker, microwave, fridge and kettles, including a wall kettle to provide continuous tea/coffee making facilities.

The ground floor has an audio system with a hearing aid loop and we have overhead & slide projectors, screen, flip chart easel & T.V./video. (Available by prior arrangement.)

Charges for private functions (per session i.e. morning, afternoon or evening) are £30 for the large room and £16.50 for the other rooms. Commercial and block booking rates differ.

The Centre has full disabled access, with a lift, and disabled toilet facilities on each floor.

Please direct all enquiries to the Booking Secretary on 01273 508376 or in writing to The Patcham Community Centre, Ladies Mile Road, Brighton BN1 8TA.

Visit our website at www.patchamcommunitycentre.org.uk

The Patcham Community Library

Ladies Mile Road offers

- A wide and varied range of fiction & information books on many subjects
- fiction and non-fiction in large print
- DVDs for all the family, CDs & books on tape for hire
- Separate children's library with books for ALL ages
- local history collection
- fax service - £1 to send and 10p to receive
- use computers to surf the Internet, send & check e mails - FREE
- type letters, CVs, essays, use spreadsheets & database software - FREE
- use spreadsheet and database software - FREE
- a monthly reading group & help with homework - join the H-Club
- bring your babies and toddlers to Baby Boogie sessions
- find out about local events and courses
- read national and local newspapers and a selection of magazines

The Library is open
Tuesdays from 10am to 7pm
Fridays from 10am to 5pm &
Saturdays from 10am to 4pm
(Closed 1 till 2 for lunch each day)

Brighton Radio Flying Club

Open to all with an interest
in radio controlled flying
with help & advice on
buying, building & flying
fixed wing models
Regular monthly meetings
and daily flying at the
Saddlescombe Flying Field.
Contact Arnold –
01273 557228

www.brightonradioflyingclub.co.uk

Mackie Bowls Clubs (Ladies & Gentlemen)

The Mackie Bowls Clubs
welcome all visitors over 18
who would like to come and
try their hand at bowling
Our greens are situated in
Mackie Avenue, and all you
need to bring is a pair of flat
shoes or trainers

For further details, contact
01273 504582, 507406 or
505498

The Brighton Ensemble

We are a string orchestra
which is pleased to use the
Community centre for
rehearsals for our many
public performances

We would welcome
enquiries from string players
who have achieved a
reasonably high standard of
musicianship

Contact Muriel
01273 506759

College of Classical Massage

Courses in
Indian Head massage
Advanced massage and
Holistic massage

Call Michael on 01273
562676 or visit

www.collegeofclassicalmassage.com

For further details

Hatha Yoga in Patcham

Four sessions are held on
Mondays in term time

Adults 1.15 – 2.15 pm £6.00

Family (Pre-school + Carer)

2.30-3.25pm £6.00

5-7 years 3.45 – 4.30pm £5.00

8 years+ 4.30 – 5.30pm £5.00

Sessions have a maximum of
8 participants
Mats provided

Contact Heather
07717314574

www.heatheroconnell.co.uk

Do you have a skill or
hobby that you would
like to share?

The Association are always
pleased to assist any new
'venture' by rent waiver or
reduction for a trial period

Assistance with publicity also
available on our website.

Please contact
Viv – 01273 508376
to discuss matters further

We will help you to help
Patcham

Pilates

Relaxing, friendly exercise classes for all ages & abilities that will relieve stress, tone your muscles and stretch tight limbs

Mats & equipment provided

£4 a session – pay as you go

Mondays 9.30 am & 8.15 pm

Contact Jenny on
01273 454041

Novice Bridge

Friendly non competitive sessions held on Wednesday from 2 till 5 or for beginners Thursdays 2 till 5

£2.50 a session including tea/coffee & biscuits
Tuition groups by arrangement

For further details of all activities contact Ian on
01273 737022

The Les Paul Big Band

The Big Band use the Centre for rehearsals every week on a Friday evening

On the last Friday of the month, you are invited to join them from 8.30 to 10

Entrance £5.00

Bring your own refreshments

Contact Les on
01273 558009

Royal British Legion

Patcham, Clayton & Keymer Branch

The Royal British Legion cares & campaigns for both the serving & ex Service members of the armed forces, including their dependants

Membership is open to all
For further details of local activities & facilities

Contact

Bernard - 01273 554433

Patcham Bridge Club

Patcham Bridge Club is a Section of the Patcham Community Association and is a very sociable club with more than 200 members. Players of all levels of experience are catered for

Duplicate (Pairs) sessions are held on Mondays at 2.00 pm and on Wednesdays & Thursdays at 7.00pm for 7.15pm. Wednesday is the ideal evening for players who have had some lessons and wish to enjoy their first experience of playing in a club

The attendance fee for Association members is £1.50 and for visitors £2.00 tea/coffee & biscuits included

The Association membership fee (May to April) is £2.50/annum

Teams events are held on the 1st Sunday of the month at 2.00pm
Members £3.00 Visitors £4.00 (includes tea/sandwiches & cakes)

For further information contact Jackie Hinden on 01273 884186

Hullabaloo

A music group with a difference

An opportunity for babies, toddlers and pre-school infants to make music in a relaxed environment

Friday mornings

Contact Debbie on
01273 504002

Socatots

Great fun and a playful yet educational atmosphere

A soccer specific play programme from walking to 5 year olds

Thursday & Sunday mornings

www.socatots.com

or

Contact Natasha on
07738 545925

Patcham Horticultural Society

We are the most active horticultural society in the City

The Society has a trading store - situated near the allotments in Vale Avenue - where members can purchase most of their gardening requirements at discount prices

We hold monthly meetings at the Centre with talks on a full range of subjects of life in general

In August we hold our Annual Fruit & Flower Show, and a Christmas get together with entertainment plus bi-annual coach outings to places of interest

Membership costs £2.50 a year

Contact Bill on 01273 551426 or Sheila on 01273 721126

Flydressers' Guild

The Guild is a national organization set up to encourage and develop the art of fly-dressing (tying)

We run courses for all abilities from September to April, with organized fishing outings & matches during the summer months

Contact Roy on
01273 506184

www.the-fdg.org

www.sussexflydressers.org.uk

Mid Sussex Aquarists

A Society open to all fish keepers which holds regular meetings at the Centre involving talks on all aspects of owning, breeding and the maintenance of domestic fish

Contact Clive

01273 325609 or
07780 996557

A STITCH IN TIME

Creative Embroidery

Learn how to get started with all the basic embroidery techniques, stitches, threads & fabrics both traditional & experimental. The next course starts on Monday October the 21st at 2.30pm. For further details of this and future courses

Contact Tricia on 01273 501394

Embroiderers' Guild

You do not have to be an expert to join the Guild – just have interest & enthusiasm
We meet on the 1st Saturday of the month and have talks from professional embroiderers on different techniques, with slide shows and samples

Contact Tricia on 01273 501394

Young Embroiderers

The Young Embroiderers section of the Guild provides practical 2 hour work sessions for children aged 6 to 16 wishing to experience this rewarding hobby
All materials are provided for a fee of £2.00 a session

Further information from Jean on 01444 236588

Downland Quilters

A friendly group interested in enjoying patchwork & quilting and encouraging others to join this creative hobby

Our meetings normally have a quilter talking & showing her work with discussion of techniques or we do little sewing projects. We hold regular Saturday workshops with a teacher in attendance, make quilts for charity or finish our own projects

We meet on the 1st Thursday of the month at 7.30pm Just turn up or contact
Marian 01444 241351 or Janet 01273 509190 for further details

U3A Embroidery Group

A small group who meet on Tuesday afternoons for sociable, informal sewing sessions. There is no tuition but we all work together and have books for help & ideas
Join us for a friendly, relaxed & rewarding afternoon

For U3A members only - Contact Joy on 01273 502325

